



Get an energy boost naturally

with full-spectrum 10,000 lux light intensity

Research shows that our mood and energy levels are regulated by light. The briteLITE 6 energy light provides full spectrum 10,000 lux light that naturally restores the essential light signals needed to feel happy and energetic.

Boost mood and energy • Clinically proven to treat winter blues • Provides the natural benefits of sunlight

Full-spectrum light • 10,000 lux light intensity • The light our bodies respond to

Easy to use • Four timer settings ranging from 15 to 60 minutes • Automatically shuts off when session time is up

Comfortable light • Produces no harmful UV or near-UV light

Specifications

Technical specifications

- Voltage: 120 V
- Frequency: 60 Hz
- Type of lamps: Fluorescent

Safety

- UV-free: No UV or near-UV radiation

Logistic data

- CTV code: 884331060
- Item # HF3310

Highlights

10,000 lux light intensity

The briteLITE combines 10,000 lux light with boosted blue spectrum.

Clinically proven

Our bodies use sunlight to regulate a variety of functions that affect our mood and energy level. Without enough sunlight, we often feel down and lack energy. In the winter months this can be especially noticeable, leading to what many refer to as the "winter blues". Light therapy is a simple and natural way to help you restore your mood and energy levels and beat winter blues – without the use of drugs or artificial stimulants. Best of all, most people feel the benefits of light within just a few days.

Natural solution

Our modern lifestyles often add to the problem because we may spend most of our time under artificial lights that simply do not replicate sunlight. By using the briteLITE energy light, you can boost your mood and energy by replenishing the light you may be missing.

Easily adjustable setting

With four convenient settings, you can choose the one that's right for you. Plus, the briteLITE remembers your last session length and shuts down automatically when your time is finished, making it easy to use.

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1-877-433-3956

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sense and simplicity